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"Don't dwell too much on the past. Don't dream too much about the future. Concentrate on the present and you'll be happier" Buda

"Positive brings Positive!"

By Ira Franco Your Partner Your Life Coach

My favorite phrase is "Positive brings Positive". Every time I mention it at home it brings a smile to my kids' faces. They have heard this throughout their childhood, but over the years and after certain experiences they have learned to see its importance and how true this simple phrase is.

When you are confronted with a situation in life, you must decide which course(s) of action to take. Each course of action will take you through a different path just remember that *you* are in the driver's seat, so-to-speak. Now is the time for you to decide if you want to be proactive or to just go with the flow and whether you will make the decision and see it through or hold back and keep yourself from moving forward.

How do you respond to everyday challenges?
How would you describe them?
What did you learn in each situation?

Your attitude is the key to success. It influences how you face a situation, your willingness to resolve conflicts, and your strength to conquer them. When you have high expectations, face your fears, and realize your potential, you are bound to achieve success.

Good luck in your venture.... Just remember: Positive brings Positive!

(*) Sesiones Disponibles en Español