

## Issue #3, May 2014

"It is never to late to become whatever you want to be" George Elliot

## "Embrace your Learning Doors, it is an Enrichment Process"

By Ira Franco Your Partner - Your Life Coach

Learning is seeking the correct information about something you don't know, and for that to happen, you must recognize your ignorance and look for the definition and meaning of a word. On the other hand, when you don't want to accept the reality of not knowing something, because you don't want to feel inferior in front of others or ashamed to recognize your ignorance, you just found your worst enemy in the learning process.

Emotions may also be considered as your enemy in the learning process, from joy to boredom, from fear to excitement they all show up at some point in your life. It is very important that you recognize them, give them the importance they deserve in order to foster and develop. The moment your mind gets rid of all emotion that hinders personal development, your disposition towards the new and the unknown will consider learning as a desire to excel.

How do you react when you don't know the topic of a conversation? What do you say when you don't know the meaning of a word? How do you handle ignorance? What are you willing to do?

When you open your mind to discovery new things, you are welcoming great possibilities for infinite grow, embrace it!

(\*) Sesiones Disponibles en Español

Email: irafranco@irafranco.com Copyright, 2014 www.irafranco.com