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"Inspiration exists but it has to find you working" Pablo Picasso

"The Primary Ingredient: Passion"

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No matter how you say it: Pasión in Spanish, Passion in English, Passione in Italian; whatever language you speak or where ever you live, **PASSION** is the key ingredient needed to find the motivation to complete your daily chores or projects. How many times have you heard that a CEO or General Manager from a big company retires in order to begin writing or drawing, becomes a teacher, or changes the nature of their business.

What motivates them to make a decision of this magnitude?
What are their dreams?
What is the PASSION behind this?

Now, what are your thoughts on these questions:
Do you wake up each morning motivated?
Do you have butterflies in your stomach when you go to work?

Passion is the key ingredient to how you should approach everything you do or think. When passion is introduced you will not only feel better, but the results of what you are doing may be different; you will feel more confident and enthusiastic presenting your ideas to the board of directors, the dinner you made for your guests will shine better than a 5 star hotel or a fourth place position in a race will be cheered and celebrated.

You will only find this ingredient, Passion, within yourself. It is not available in any grocery store!

(* Sesiones Disponibles en Español